

# Student Health Services Health Services Advisory Committee

*September 26, 2012*

- Agenda Review
- Committee Chair
- Approval of Meeting Notes
- Announcements
- Department Update: 2011-2012 Accomplishments and Fiscal Status
- Environmental Scan – What’s Happening at SRJC?
- 2012-2013 - SHS program launch and discussion
  - Re-engineering Phase 2
  - CCC-SMHP Grant – Peer Health Support Coalition
  - National College Health Assessment survey Spring 2013
  - Events, SPS Groups, Trainings/Presentations
- Other?
  - Confirm upcoming meeting dates:
  - December 12, 2012                      Department Presentation: Clinical Services
  - March 13, 2013                         Department Presentation: Health Promotion/PEI
  - May 8, 2013                              Department Presentation: Mental Health Services



2011-2012

# Accomplishments and Fiscal Status



Vice President Student Services –  
Ricardo Navarrette  
Dean of Student Services – Petaluma  
Lauralyn Larsen

**DIRECTOR, STUDENT HEALTH SERVICES**  
Susan Quinn

**Student Health Services –  
Reengineering Plan  
Hiring Phase Completed!!**

**ASSISTANT DIRECTOR – SHS  
MENTAL HEALTH PROGRAMS** Bert

**HEALTH SERVICES ASST.**  
1.0 FTE Juanita Dreiling

**HEALTH SERVICES ASST.**  
1.0 FTE Brian Chetcuti

### CLINICAL SERVICES

### DEPARTMENT SUPPORT SERVICES

### OUTREACH- CLASSROOM SERVICES

### MENTAL HEALTH PROGRAMS

**CNP SR– 1.0 FTE**  
Alan Wintermeyer  
(50% release time SEIU )

**CNP SR– 0.8 FTE**  
Donna Jones

**CNP Petaluma– 0.8 FTE**  
Cheryl Higgins

**STNC CNPs (5)**

**CONSULTING PHYSICIANS**  
Reed Walker  
Ty Affleck

**Santa Rosa Community Health Center and  
Petaluma Health Center:**  
Reproductive Health Services under FAM-PACT

**MEDICAL ASSISTANT**  
1.0 FTE Karen Bowden  
Race

**MEDICAL ASSISTANT**  
1.0 FTE Cheryl White  
Race

**MEDICAL ASSISTANT**  
1.0 FTE Chad DeLaca

**Student Health Aides**  
Reception, Support  
Services, Outreach

**Student Health  
Outreach Workers**

Rachel  
Vacant

**Team Leaders:**  
Jeane, Bert, Susan,  
Chad

**Web support:**  
Juanita

**Admin support:**  
Brian

**SH101 support:**  
Jane  
**Presenters; SHS**  
staff, SHAs, Interns,  
CNPs,  
(collaboration with  
outside community  
agencies)

### STUDENT PSYCHOLOGICAL SERVICES

### PROFESSIONAL EXPERTS

Thomas Pope, MFT

Elisabeth Hathaway,  
PhD

Rafael Flores, MFT

**STNC-MENTAL  
HEALTH INTERNS (6  
new ones)**

**Consulting  
Psychiatrist**  
Gershom Thompson,  
M.D.

### PREVENTION AND EARLY INTERVENTION

**HEALTH  
PROMOTION  
SPECIALIST**  
0.75 Jeane Erlenborn

### PROMOTION SPECIALIST

STNC- Health  
Services Assistant -  
Dawnmichelle

Student Graphics  
Designer – Student

**PEI – Peer Coalition  
Grant**  
STNC 0.5FTE HPS  
Becky Fein  
Project Coordinator  
Student Interns and  
Employees

# Professional Service Visits

# Clinical 11-12

## IMMUNIZATIONS

- 236 Flu shots
- 76 HPV
- 17 Hep A
- 166 Hep B
- 64 MMR
- 189 Tdap

## LABWORK

- 289 titers ordered, 208 results came back (71% completed)
- 227 pregnancy tests
  - No easy way to extract (+) rate from Mediscan
- 160 Strep tests
- 60 Uricults

## TREATMENTS

- 15 Nebulizer treatments
- 65 Ear irrigations
- 38 Wart treatments
- 21 Cryo treatments

## TESTS

- 16 Audiometric exams
- 62 Oximetry
- 38 Peak Flow

# Clinical 11-12

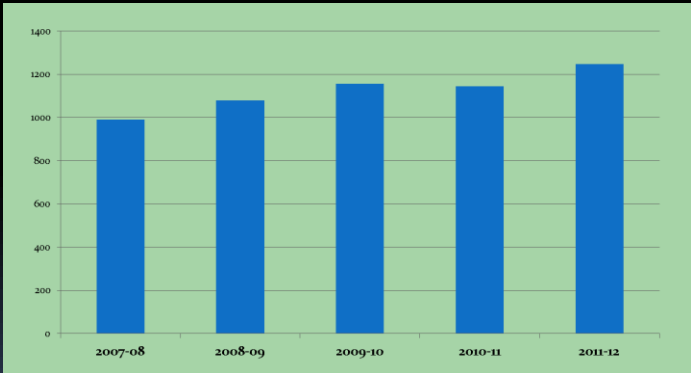
Medication Category	Numbers for 11-12
Formulary Prescriptions-Dispensed	857
Formulary Prescriptions-Call-ins	121
Non-Formulary Prescriptions	43
Over The Counter (OTC) medications	857
Total (Front Desk handouts not included)	1878



# Student Psychological Services 2011-2012

## Individual Therapy Sessions

(over 200 more sessions/yr over the last 5 years)



## Drop Ins

# of SPS Drop In Visits	235
% of all SPS appointments that are Drop In	13%
% of students requesting Drop-In seen the same day	75%
Drop-Ins with no ongoing therapy	81%





## The Wait List

- 2011-2012 the first year this data collected
- The “wait list” at SPS exists for the entire year except the first few weeks of Fall
- By November the **average** number of students on the wait list was over 50 students until the end of the year.

Average time from paperwork completion to first appointment	62 days
Average time from 1st drop-in to first appointment	69 days
% Students who did not respond to call after being put on wait list	54%



# Screenings 11-12

## ATHLETICS

- 486 Screening appointments
- 207 MD exams

*(Side Note: during Fall 2012's baseline concussion screening, 57 athletes were identified with cognitive deficits for unidentified reasons)*

## TUBERCULOSIS

### 1,175 PPD Skin Tests

- 1134 negative
- 19 positive (1.6%)
- 6 equivocal
- 16 no returns or undocumented
- 70 Review of Systems done for individuals with previously positive PPDs

## BEHAVIORAL Health Screenings

Depression Screening Event

Alcohol Screening Event

Online Mental Health Screening

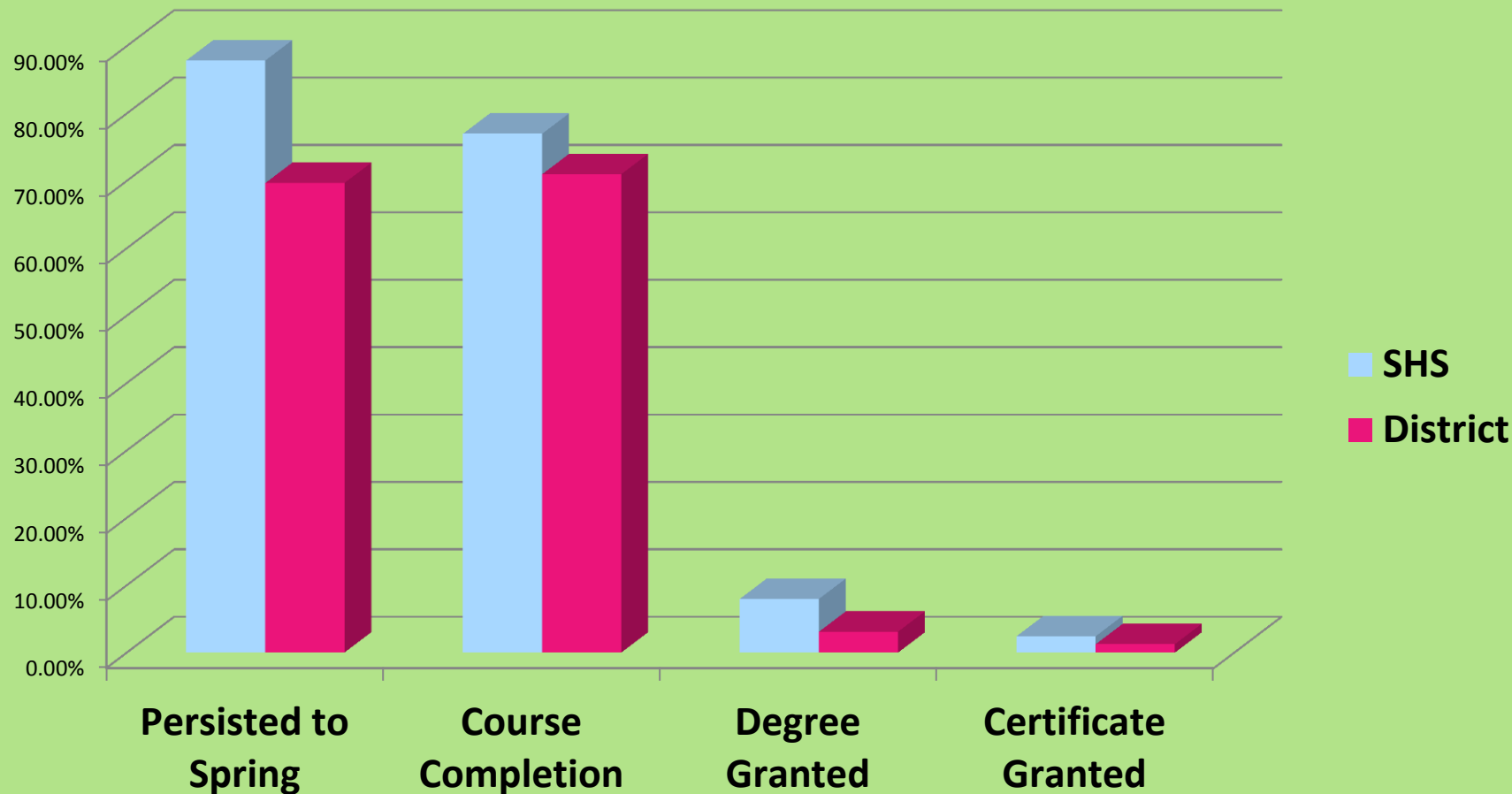
Smoking

**Screening, Brief Intervention,  
Referral And Treatment  
Services (SBIRT)**

# SRJC Student Health Services

## Student Success Report

(students seen in SHS for individual services 10-11)





# Health Promotion -Classrooms

## QPR Suicide Prevention Trainings

- 2010 – 2012
  - Over 300 students trained in QPR
- Fall 2012
  - already 118 students trained in QPR
- **Another “Train the Trainer” Event is scheduled for January 2013, as part of the SMHP Grant.**

## Classroom Presentations

- Fall 2012
  - 399 students/9 classrooms completed on various topics
  - 230 students/5 classrooms confirmed coming up
  - 9 classroom requests pending confirmation, (>300 students)

**Significant increase in classroom presentation requests!**

# Health Fee Fund Update

Fiscal Year	Fee Revenue	MAA Revenue	Total Revenue	Expense	Annual Balance	Reserve Balance
08-09	\$1,005,248	\$ 64,947	\$1,070,195	\$960,865	\$109,330	\$281,797
09-10	\$1,021,891	\$64,875	\$1,086,766	\$1,015,923	\$70,843	\$352,640
10-11	\$1,013,717	\$125,891	\$1,139,608	\$1,091,100	\$48,508	\$401,148
11-12	\$987,809	\$117,118	\$1,104,927	\$1,098,095	\$ 6,832	\$407,980

# Funding: Health Fee

- COLA

- \$1 increase implemented :\$18 – Fall/Spring, \$14 Summer
- Another COLA already allowed
- 12-13 – pursue automatic COLA policy change, with \$1 increase

***Health Services Advisory Committee recommendation May 2012***


*Motion: Change Policy 8.4.1 Student Health Services Fee to:*

*The District charges the full fee allowable by Education Code Section 76355 to all students, as approved by the Chancellor's Office. Changes in the maximum allowable fee will be reported to the Board of Trustees and the Associated Student Body Government prior to implementation. Eligible exemptions are Board approved and found in Policy 5.4P Student Fees.*



# Funding: Health Fee

## Impact of Enrollment Decreases

- Enrollment decline – reduces Health Fee revenue
    - Unit fee increasing to \$46/unit
    - Section Cuts – from 10-11 to 12-13 , about 15%
    - Student Success Task Force – may reduce access
    - Financial Aid requirements more rigid
    - Health Fee revenue declined 2.5%  
from 10-11 to 11-12
  - Fall 2012 – Unduplicated Headcount – Credit
    - Down 6.5% from Fall 2011
- 

# Funding: MAA


- Over \$650,000 invoiced since 2003
- Rolls over into Health Fee as reimbursement for expenses – has covered expenses consistently
- A hold on all MAA payments in California until changes implemented (12-13). “Certification” in process
- Proceed as usual –Quarter 1 time survey week completed week of September 17<sup>th</sup>
- A new method of Time Surveys due for implementation 13-14, possibly will decrease revenue





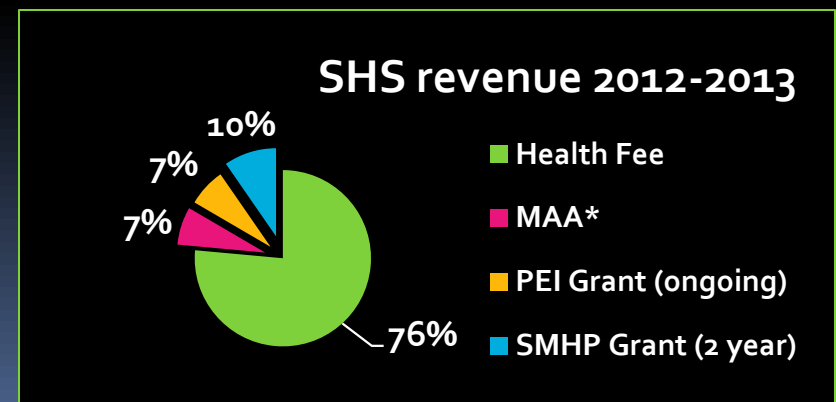
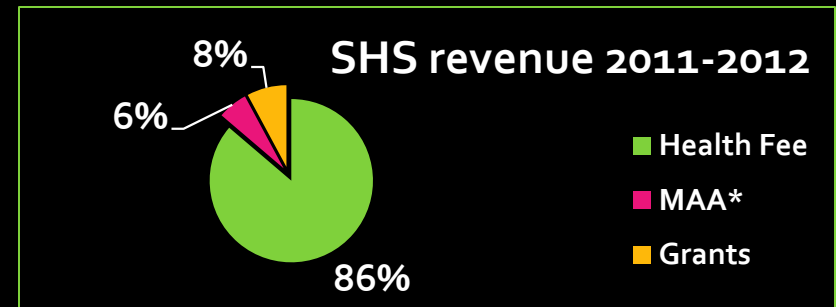
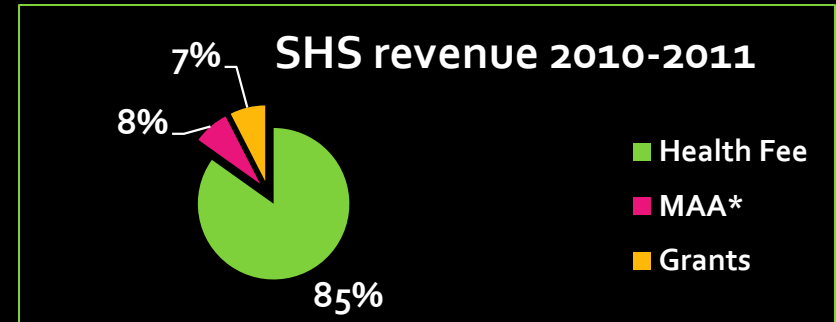


# Funding: PEI Grants

- County PEI grant this year: \$90,000
    - Though no decrease in amount, there is a net decrease in flexible/support funding due to permanent position
    - Ongoing funds: uncertain level, County has suggested this will decrease in coming years.
  - CCC-SMHP Grant
    - 2 year grant – total ~\$227,000 – no ongoing funds
    - Develop a sustainable peer to peer health support network for SRJC students, with a focus on preventive mental health activities.
    - Some Health Fee and PEI expenditures will be offset over the next two years through this funding.
- 


# Health Fee as % of Total Revenue

- **12-14 – temporary reprieve**, small percentage of Health Fee attached expenditures shifted to 2 year grant (~\$35,000).
- **In 2014 -15, significant reductions in revenue anticipated**, i.e. decreased MAA, decreased Health Fee revenue, and loss of short term grant.





# Funding: Athletics


- Use of Health Fee funds for Athletics related work specifically forbidden by Education Code language
  - Course Fee (Athletics) increased this Fall, increased funding pool for screenings/exams
    - New – 7.5 % of one Health Services Assistant's Salary and Benefits paid for by the fund all year long.
    - STNC nurse practitioner fund – specific for athletics
- 



What's Happening?

*Environmental Scanning*

*observations that may impact student  
health and/or health services*



# What's Happening? an environmental scan...

- SRJC

- The new President's vision – PDA Day observations
- Automatic External Defibrillators (AED)
- Hispanic Serving Institution (H.S.I.) >25% 11-12
- Other grants at the college, collaboration potential
- Impact of personnel changes District wide  
retirement looking pretty good right now!
- Other?



# What's Happening?

an environmental scan...

- CCC System
  - Student Success Task Force mandate
  - November election – impact on SRJC
  - Other?


# What's Happening? an environmental scan...

- Sonoma County
  - More reorganization within DHS – Admin, Behavioral Health, Public Health
  - [http://www.cmsspcounties.org/news/whats\\_new.html](http://www.cmsspcounties.org/news/whats_new.html) (CMSP expansion)
  - Mental Health – expanding mobile crisis assessment team concept (CAPE) to all adults.
  - Inpatient mental health facility open yet?
  - Other?



# What's Happening?

an environmental scan...

- National
    - Impact of healthcare reform, i.e. decreasing numbers of uninsured students
    - Focus on mental health issues in college students, and institutional responsibility and accountability for effective case management
    - Other?
- 



# What's ahead?

2012-2013

## PRPP Planning Summary excerpts

- Continue networking activities on the local, state and national level to explore new program revenue and creative financing, as well as supporting statewide advocacy efforts to preserve and enhance Student Services, and continued health center financing within the CCC system.
- The Mental Health Programs will need significant administrative attention and time during the first year (12-13) of the re-engineering process, i.e. work group and role definition, SPS program re-design to address student access issues, integrate prevention efforts District-wide.
- Responding to "students of concern" in an effective manner, both within SHS and throughout the District (CIRT objective). Improve case management process.

# What's ahead?

2012-2013

## New Initiative

- Sustainable Peer to Peer Preventive Mental Health Support Network at SRJC (2 year grant application)
- Consistent with District's emphasis on prevention and safety throughout the college
  - "full court press", links to SSTF, CIRT, community resources, address academic impediments specifically
- Health promotion in classrooms will continue and probably grow significantly.... Need presenters!

# What's ahead?

# 2012-2013

## National College Health Assessment Survey Spring 2013

### Student Learning Outcome (SLO) Statements

As a result of Student Health Services interventions

- 1) **Students will maintain and improve their health.**
- 2) Students will demonstrate an understanding of individual health conditions, what prevention approaches can be taken and appropriate treatment when needed.
- 3) Students will demonstrate personal responsibility by taking actions to improve their health, and the health of others.
- 4) Students will demonstrate skills in accessing and utilizing healthcare resources on campus and in the community.
- 5) Students will demonstrate increased self-awareness, confidence and communication skills.

**This Survey is assessing an  
Institutional Learning Outcome for the District also.**




# Thoughts and Discussion 2012-2013

*Let's not forget....*

Petaluma


Technology

Safe, clean and welcoming environment in all SHS  
facilities





# Next meeting

- Wednesday December 12th (input)
  - Time 11 AM – 1 PM (input)
  - Location: TBD (input)
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2012 Year of the Water Dragon

